

Idaho Dermatologic Surgery and Laser Center

Teri J. Cottingham, M.D.

999 N. Curtis Road, Suite 505 • Boise, ID 83706 (208) 327-9521

WOUND CARE INSTRUCTIONS FOR A PUNCH OR EXCISIONAL BIOPSY

1. Leave dressing or Band-Aid on for 24 hours, keeping it absolutely dry.
2. After 24 hours, you may remove this Band-Aid and bathe or shower if you wish. Cleanse the wound with soap and water, apply antibiotic ointment, and cover with another Band-Aid. Repeat twice a day until stitches are removed.
3. Antibiotic ointments include; Polysporin, Bacitracin, Bactroban, and Silvadene.
4. If steristrips were applied, leave them on as long as they will stay on.
5. Make an appointment for suture removal with the receptionist on a day specified by the Doctor.